

FOUR YEAR ROLLING PROGRAMME CYCLE A & C 2026-27, 2028-29						
Year group/ Term	1 Me and My Relationships	2 Keeping Safe	3 Being My Best	4 Growing and Changing	5 Valuing Difference	6 Rights and Respect
EYFS, 1 & 2	All about me (R) What makes me special (R) Why we have classroom rules (1) Thinking about feelings (1) Our feelings (1) Our ideal classroom 1 (2) How are you feeling today? (2) Let's all be happy (2)	What's safe to go in my body (R) Safe indoors and outdoors (R) Keeping safe online (R) Super sleep (1) Who can help? (1) Good or bad touches? (1) Harold's picnic (2) Should I tell? (2)	Bouncing back when things go wrong (R) Yes, I can! (R) Eat well (1) You can do it! (2) Harold's postcard - helping us to keep clean and healthy (2)	Life stages - plants, animals, humans (R) Life stages: Human life stage - who will I be? (R) Healthy me (1) Taking care of a baby (1) Sam moves away (2) My body, your body (2) Respecting privacy (2)	Same and different families (R) Same and different homes (R) It's not fair (1) Our special people balloons (1) What makes us who we are? (2) My special people (2) How do we make others feel? (2)	Looking after my friends (R) Being helpful at home and caring for our classroom (R) Harold has a bad day (1) Around and about the school (1) Taking care of something (1) Getting on with others (2) When I feel like erupting (2)
KS2 Cycle A	Thunks (3) Ok or not ok? Part 1 (4) Ok or not ok? Part 2 (4) Collaboration challenge (5) Working together (6) Solve the friendship problem (6)	Safe or unsafe? (3) Raisin challenge (4) Picture wise (4) Know the norms (4) Play, like, share (5) Think before you click (6) To share or not to share? (6)	Derek cooks dinner! (healthy eating) (3) What makes me ME! (4) Making choices (4) Different skills (5) My school community 2 (5)	Relationship tree (3) Body space (3) My feelings are all over the place! (4) How are they feeling? (5) Media manipulation (6) My changing body (3) Yr4 only	Respect and challenge (3) Can you sort it? (4) What would I do? (4) Kind conversations (5) Tolerance and respect for others (6) Boys will be boys? - challenging gender stereotypes (6)	Helping each other to stay safe (3) Who helps us stay healthy and safe? (4) It's your right (4) What's the story? (5) Fact or opinion (5) Two sides to every story (6) Fakebook friends (6)

				All change! (4) Yr4 only Preparing for changes at puberty (4) Yr4 only Changing bodies and feelings (5) Yr5 only Growing up and changing bodies (5) Yr5 only Making babies (6) Yr6 only		
KS2 Cycle C	As a rule (3) Dan's dare (3) Human machines (4) Give and take (5) How good a friend are you? (5) Behave yourself (6)	The risk robot (3) Help or harm? (3) How dare you! (4) Spot bullying (5) Decision dilemmas (5) Alcohol: what is normal? (6) Smoking: what is normal? (5)	Poorly Harold (3) Body team work (3) It all adds up! (5) This will be your life! (6) Our recommendations (6) Basic first aid, including Sepsis Awareness (6)	None of your business! (3) Moving house (4) Taking notice of our feelings (5) Dear Ash (5) I look great! (6) My changing body (3) Yr4 only All change! (4) Yr4 only Preparing for changes at puberty (4) Yr4 only Changing bodies and feelings (5) Yr5 only Growing up and changing bodies (5) Yr5 only	My community (3) Family and friends (3) The people we share our world with (4) Qualities of friendship (5) Happy being me (5) Advertising friendships! (6)	Recount task (3) Our helpful volunteers (3) How do we make a difference? (4) In the news! (4) Mo makes a difference (5) What's it worth? (6) Happy shoppers - caring for the environment (6)



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				Making babies (6) Yr6 only		
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FOUR YEAR ROLLING PROGRAMME CYCLE B & D
2025-26, 2027-28

Year group/ Term	1 Me and My Relationships	2 Keeping Safe	3 Being My Best	4 Growing and Changing	5 Valuing Difference	6 Rights and Respect
EYFS, 1 & 2	Me and my special people (R) Who can help me? (R) My feelings 2 (R) How are you listening? (1) Feelings and bodies (1) Good friends (1) Types of bullying (2) Don't do that! (2)	Keeping Myself Safe (R) Listening to my feelings (R) People who help to keep me safe (R) Sharing pictures (1) What could Harold do? (1) Harold loses Geoffrey (1) How safe would you feel? (2) I don't like that! (2) Fun or not? (2)	My healthy mind (R) A good night's sleep (R) Catch it! Bin it! Kill it! (1) Pass on the praise (1) What does my body do? (2) Basic first aid (2)	Where do babies come from? (R) Me and my body - girls and boys (R) Who can help 2 (1) Keeping privates private (1) Some secrets should never be kept (2)	I am caring (R) I am a friend (R) Unkind, tease or bully (1) Harold's school rules (1) When someone is feeling left out (2) An act of kindness (2) Solve the problem (2)	Looking after my special people (R) Caring for our world (R) Harold's money (1) How should we look after our money? (1) Basic first aid (1) Feeling safe (2) Playing games (2)
KS2 Cycle B	Looking after our special people (3) Friends are special (3) Different feelings (4) Relationship cake recipe (5) Our emotional needs (5)	Alcohol and cigarettes: the facts (3) Raisin Challenge (3) Keeping ourselves safe (4) Medicines: check the label (4) Vaping: healthy or unhealthy (5)	I am fantastic (3) Top talents (3) Harold's Seven Rs (4) Independence and responsibility (5) Star qualities (5)	Secret or surprise? (3) Secret or surprise? (4) My changing body (3) Yr4 only All change! (4) Yr4 only	Our friends and neighbours (3) Zeb (3) Friend or acquaintance? (4) Islands (4) The land of the Red People (5) We have more in common than not (6)	Harold's environment project (3) Safety in numbers (4) Logo quiz (4) Rights, respect and duties (5) Democracy in Britain 1 - Elections (6)

	Acting appropriately (6)	Rat Park (6) What sort of drug is...? (6) Drugs: it's the law (6)		Preparing for changes at puberty (4) Yr4 only Changing bodies and feelings (5) Yr5 only Growing up and changing bodies (5) Yr5 only Making babies (6) Yr6 only		Democracy in Britain 2 - How (most) laws are made (6)
KS2 Cycle D	How can we solve this problem? (3) An email from Harold! (4) Under pressure (4) Being assertive (5) Assertiveness skills (6) Don't force me (6)	Danger or risk? (3) Super searcher (3) Danger, risk or hazard? (4) Traffic Lights (4) Ella's diary dilemma (5) Thinking about habits (5) Would you risk it? (5) It's a puzzle (6)	For or against? (3) Basic first aid (4) Basic first aid, including Sepsis Awareness (5) What's the risk 1 (6) What's the risk 2 (6)	Basic first aid (3) Together (4) Help! I'm a teenager - get me out of here! (5) Pressure online (6) Helpful or unhelpful? (6) Managing change (6) My changing body (3) Yr4 only All change! (4) Yr4 only Preparing for changes at puberty (4) Yr4 only Changing bodies and feelings (5) Yr 5 only Growing up and changing bodies (5) Yr5 only	Let's celebrate our differences (3) That is such a stereotype! (4) Is it true? (5) Stop, start, stereotypes (5) OK to be different (6) Respecting differences (6)	Can Harold afford it? (3) Earning money (3) Harold's expenses (4) Why pay taxes? (4) Spending wisely (5) Lend us a fiver! (5) Jobs and taxes (6)



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